

# True or False?

Read the statements below and decide if they are true or false by circling the tick or cross.  
**Green tick = true. Red cross = false.**

If someone is struggling to breathe, you should call for immediate help.



Asthma is when somebody cannot stop itching.



A severe allergic reaction is also known as anaphylactic shock.



If someone has been given abdominal thrusts after choking, they should seek medical attention, even if they feel OK.



If someone is choking, you should pat them hard on the top of the head.



An EpiPen is a type of adrenaline auto-injector.



Aside from choking, allergic reactions, or asthma – can you name any other reasons a person may be struggling to breathe?

