



First Aid



My Learning Journey (8-11)

Name: Class:

Read each of the statements, then use the key below to help you tick the appropriate box.

- = I do not understand this yet.
- = I think I understand but could not explain it to someone else.
- = I understand this and could explain it to someone else.

Statement				T
1. I can explain the meaning of first aid.				
2. I am able to recognise an emergency first aid situation.				
3. I can explain how to provide first aid treatment to someone who is struggling to breathe.				
4. I understand and can explain the acronym 'DRs ABC'.				
5. I know how to place someone in the recovery position.				
6. I can explain how to deal with a number of common injuries.				
7. I can recognise signs of a head injury.				
8. I am able to fill in an incident report form correctly.				
9. I know how to how to make a clear and efficient call to the emergency services.				

Well done for completing the First Aid module!



Note to teacher: please use the 'T' section of the table to confirm whether you agree or disagree with the self-assessment. You can also find additional information on how each statement connects with the topics, within the portal.