



# Early Years Interventions

Learning Opportunities and Intervention Mapping Document

# Introduction

## What are the Department for Education's expectations for Early Years settings?

*'Personal, Social and Emotional Development Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.'*

***Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary.***

*Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.'*

**Statutory framework for the early years foundation stage, March 2021**

## How does 1decision support these expectations?

We have developed our Early Years resources to help you to deliver the revised EYFS. It is vital that children have quality learning experiences to help their personal, social, and emotional development. Delivering a quality PSED curriculum requires:

- a thorough knowledge of each child, including their home life, their awareness of the world around them and their stage of emotional development.
- practitioners who identify how they are going to help children to progress.

For example, one of the focused learning areas helps children to develop strategies to learn how to regulate their feelings and behaviour. As a part of this resource, we provide animated stories and additional resources to support children in exploring their understanding of a range of emotions, such as worry, and allow them to connect their own emotions and feelings to the experiences of our characters – the Rainbow Drops. These characters take your children on a journey to unravel the complexities of their own feelings.

Each animation lasts for 2-3 minutes and provides an excellent springboard to help you to teach your children to manage key moments and challenges that may arise throughout their lives – such as managing relationships, taking care of their own health and wellbeing, being kind and considerate to others, and much more.

Studies have shown that the attainment gap is growing within early years, and the children will clearly identify their individual needs within your setting. This resource has been created with in-the-moment 'planning' in mind but can also be filtered into the curriculum. The Early Years portal includes a wide range of topics, which have the flexibility to be used with the whole class, small groups, and individual children. They are easily accessible, highly engaging, and can be used on smartboards, PCs, and tablets. ***Please note, we will be adding content every term, and will always welcome feedback.***

## Learning Opportunities and Intervention Mapping Document

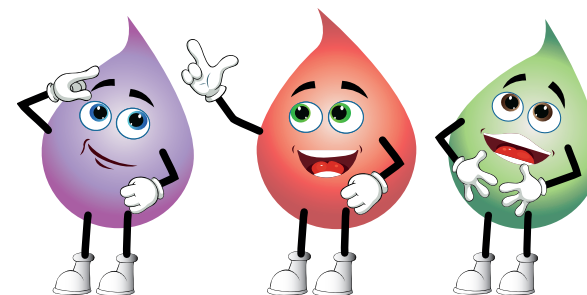
Throughout this document you will see how we have broken down the PSED areas further to identify the essential skills that children need to develop. From the information you gather about each child, you can easily identify the resources that will aid your teaching, and help children to progress in their personal development.

To see how the resources link directly to the Early Years framework, you may also want to read our 'Resource Overview and Statutory Framework Mapping Document', which can be found here: [www.1decision.co.uk/info/1decision-eyfs-early-learning-goals-mapping-document.pdf](http://www.1decision.co.uk/info/1decision-eyfs-early-learning-goals-mapping-document.pdf)

If you require any further assistance with our Early Years resources, please contact a member of the 1decision team via [info@1decision.co.uk](mailto:info@1decision.co.uk).

You can access the portal via: [www.1decision.co.uk](http://www.1decision.co.uk)

If you are new to 1decision, you can request a trial here:  
[www.1decision.co.uk/pre-order-our-early-years-programme](http://www.1decision.co.uk/pre-order-our-early-years-programme)



## Are your students RainbowSmart at home?

RainbowSmart is a new app from the creators of the 1decision resources.

This app has been created for the parents and carers of children who are engaging with the 1decision early years resources at school.

### How can this help your school?

This app allows you the opportunity to invite parents/carers to continue classroom learning at home.

*For example: if during a session you have been teaching your students about Blue's Indoor Voice, parents/carers can log in to the app and re-visit the story or animation with their children to reinforce the learning at home.*



**PARENTS/CARERS CAN DOWNLOAD  
RAINBOWSMART FOR FREE!**

Topics	Learning Opportunities
<b>Keeping/Staying Safe</b>	<ul style="list-style-type: none"> <li>Identifying risks to keep ourselves and others safe</li> <li>Understand that rules help to keep ourselves and others safe</li> </ul>
<b>Keeping/Staying Healthy</b>	<ul style="list-style-type: none"> <li>Develop an understanding of the importance of making healthy choices (for example: health, allergies, diet, sleep, screentime, germs, oral health)</li> </ul>
<b>Relationships</b>	<ul style="list-style-type: none"> <li>Managing friendships and social interactions</li> <li>Being aware of our own needs and having empathy for and understanding of others</li> </ul>
<b>Being Responsible</b>	<ul style="list-style-type: none"> <li>Understand that sometimes we have to do things that we don't like doing</li> <li>Developing a sense of responsibility</li> </ul>
<b>Feelings and Emotions</b>	<ul style="list-style-type: none"> <li>Understanding emotions</li> <li>Develop strategies for managing feelings</li> <li>Understand that it is OK to ask for help</li> </ul>
<b>Computer and Online Safety</b>	<ul style="list-style-type: none"> <li>Understand the risks and how to stay safe when using technology</li> </ul>
<b>Our World</b>	<ul style="list-style-type: none"> <li>Understand similarities and differences</li> <li>Identify people who help us in our local community</li> <li>Respecting the local environment</li> </ul>
<b>Change and Transitions</b>	<ul style="list-style-type: none"> <li>Managing new experiences</li> <li>Taking on new challenges</li> <li>Building confidence</li> <li>Managing changes at home</li> </ul>

## Keeping/Staying Safe

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Identifying risks to keep ourselves and others safe</b>	<p>Rainbow's Day Out</p> <p>Green Stays in Hospital</p> <p>Yellow Play Fights</p> <p>Rainbow Visits the Seaside</p> <p>Yellow Learns About Germs</p>	N/A	<p>Blue at the Shopping Centre</p> <p>Blue Plays Tennis</p> <p>Pink at the Park</p> <p>Red Needs to Cross the Road</p> <p>Yellow Gets Cross</p>	<p>Yellow Learns About Germs Talking Card</p> <p>Rainbow Visits the Seaside Talking Cards</p>	N/A
<b>Understand that rules help to keep ourselves and others safe</b>	<p>Red's Nut Allergy</p> <p>Purple the Passenger</p> <p>Blue Explores Road Safety</p> <p>Yellow Play Fights</p> <p>Blue's Indoor Voice</p> <p>Pink's Screen Time</p> <p>Rainbow Visits the Seaside</p> <p>Yellow Learns About Germs</p> <p>Yellow's Bedtime</p>	N/A	<p>Blue at the Shopping Centre</p> <p>Blue Plays Tennis</p> <p>Pink at the Park</p> <p>Red Needs to Cross the Road</p> <p>Yellow Gets Cross</p>	<p>Blue Explores Road Safety Sorting Cards</p> <p>Yellow's Bedtime Sorting Cards</p> <p>Yellow Learns About Germs Talking Cards</p> <p>Rainbow Visits the Seaside Talking Cards</p> <p>Pink's Screen Time Talking Cards</p>	N/A

## Keeping/Staying Healthy

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<p><b>Develop an understanding of the importance of making healthy choices</b></p> <p><b>(for example: health, allergies, diet, sleep, screentime, germs, oral health)</b></p>	<p>Orange Brushes Her Teeth</p> <p>Red's Nut Allergy</p> <p>Green's Greens</p> <p>Pink's Screen Time</p> <p>Purple is Poorly</p> <p>Red Visits the Dentist</p> <p>Yellow Learns About Germs</p> <p>Yellow's Bedtime</p>	<p>All 12 Mindfulness and Yoga Videos</p>	<p>Purple's Hand Wash</p> <p>Red Has a Wobbly Tooth</p>	<p>Green's Greens Sorting Cards</p> <p>Yellow's Bedtime Sorting Cards</p> <p>Yellow Learns About Germs Talking Cards</p> <p>Red Visits the Dentist Talking Cards</p> <p>Purple is Poorly Talking Cards</p> <p>Pink's Screen Time Talking Cards</p>	<p>Counting Fruits</p> <p>Find the Fruit</p> <p>Find the Vegetables</p> <p>Healthy Dinner</p> <p>I Can Brush My Teeth</p> <p>I Can Wash My Hands</p> <p>Washing Hands Poster</p> <p>My Body Poster</p> <p>Remember to Brush Your Teeth Twice a Day Poster</p> <p>Have You Had Enough Water Today? Poster</p>

## Relationships

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Managing friendships and social interactions</b>	<p>Pink Is Feeling Sad</p> <p>Orange Helps Out</p> <p>Rainbow Feels Angry</p> <p>Rainbow Helps at Home</p> <p>Purple's Pet Bird?</p> <p>Orange Moves House</p> <p>Blue's Best Friend</p> <p>Blue Learns to Share</p> <p>Yellow Wants to Play with Orange</p>	<p>Managing Anger</p> <p>Being Kind</p>	<p>Blue Bakes Cakes</p> <p>Blue Feels Jealous</p> <p>Blue Wants to Play a Game</p> <p>Rainbow Wants to Play</p> <p>Yellow Will Not Share</p> <p>Yellow is Working in Pairs</p> <p>Red's Playtime</p> <p>Red's Spelling Test</p> <p>Red Plays Ball</p> <p>Purple Feels Left Out</p> <p>Green's Playtime</p> <p>Green Is Lining Up</p> <p>Pink's New Classmate</p> <p>Purple's Best Friend</p> <p>Purple's Picture</p> <p>Yellow Wants to Help Green</p> <p>Yellow Returns to School</p> <p>Rainbow is Going to the Zoo</p>	<p>Blue's Best Friend Sorting Cards</p> <p>Blue Learns to Share Sorting Cards</p>	<p>Friendship Stop Area Poster</p> <p>Sharing Is Caring Poster</p> <p>It's Nice to Help Others Poster</p> <p>It's Kind to Take Turns Poster</p>

## Relationships

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<p><b>Being aware of our own needs and having empathy for and understanding of others</b></p>	<p>Pink Misses Mummy</p> <p>Orange Helps Out</p> <p>Why Does Purple Play Differently?</p> <p>Blue Learns to Share</p> <p>Yellow Wants to Play with Orange</p> <p>Red's Hearing Aid</p>	<p>Flower Breath</p> <p>Being Kind</p>	<p>Yellow Wants to Help Green</p> <p>Pink's New Classmate</p>	<p>Red's Hearing Aid Sorting Cards</p> <p>Blue Learns to Share Sorting Cards</p> <p>Pink Misses Mummy Talking Cards</p> <p>Why Does Purple Play Differently? Talking Cards</p>	<p>It's Nice to Help Others Poster</p> <p>Friendship Stop Area Poster</p>



## Being Responsible

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Understand that sometimes we have to do things that we don't like doing</b>	<p>Orange Brushes Her Teeth</p> <p>Rainbow Helps at Home</p> <p>Pink's Screen Time</p> <p>Rainbow Visits the Seaside</p>	N/A	<p>Pink's Computer Game</p> <p>Purple is Upset</p> <p>Red and His Wellies</p> <p>It Is Yellow's Birthday</p> <p>Rainbow Loves to Dance</p>	<p>Pink's Screen Time Talking Cards</p> <p>Rainbow Visits the Seaside Talking Cards</p>	N/A
<b>Developing a sense of responsibility</b>	<p>Rainbow Helps at Home</p> <p>Purple's Pet Bird</p> <p>Yellow's Bedtime</p>	N/A	<p>Purple's School Book</p> <p>Red Plays Ball</p>	<p>Yellow's Bedtime Sorting Cards</p>	N/A

## Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Understanding emotions</b>	<p>Pink is Feeling Sad</p> <p>Blue Gets Lost</p> <p>Yellow Goes on Holiday</p> <p>Orange Sleeps Over</p> <p>Red Goes Swimming</p> <p>Orange Feels Worried</p> <p>Purple Watches the News</p> <p>Orange Moves House</p> <p>Pink's Screen Time</p> <p>Purple is Poorly</p> <p>Red Visits the Dentist</p> <p>Yellow's Bedtime</p> <p>Pink Misses Mummy</p> <p>Blue's Best Friend</p> <p>Red Needs the Toilet</p> <p>Pink Has a New Brother</p> <p>Pink Goes to School</p> <p>Green is Moving Up a Year</p> <p>Yellow Wants to Play with Orange</p>	<p>Managing Anger</p> <p>Managing Worry</p>	<p>Blue Feels Jealous</p> <p>Blue Feels Sad</p> <p>Green's Glasses</p> <p>Green's PE Kit</p> <p>Pink Feels Worried</p> <p>Pink's Pet Fish</p> <p>Pink's Travel Sickness</p> <p>Purple Feels Poorly</p> <p>Red Is Upset</p> <p>Red's Hurt His Ankle</p> <p>Red Has a Wobbly Tooth</p> <p>Red's Spelling Test</p> <p>Red's Playtime</p> <p>Yellow Wants to Help Green</p> <p>Yellow Returns to School</p> <p>It Is Yellow's Birthday</p> <p>Yellow's New Sister</p> <p>Yellow Gets Cross</p> <p>Yellow's Dad Has a New Girlfriend</p> <p>Rainbow Is Moving House</p> <p>Rainbow Is Going to the Zoo</p> <p>Purple's Picture</p>	<p>Yellow's Bedtime Sorting Cards</p> <p>Blue's Best Friend Sorting Cards</p> <p>Red Visits the Dentist Talking Cards</p> <p>Pink Misses Mummy Talking Cards</p> <p>Purple is Poorly Talking Cards</p> <p>Pink's Screen Time Talking Cards</p> <p>Pink Goes to School Talking Cards</p>	<p>How Do You Feel Today?</p>

## Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Develop strategies for managing feelings</b>	<p>Pink is Feeling Sad</p> <p>Blue Gets Lost</p> <p>Red's Nut Allergy</p> <p>Orange Sleeps Over</p> <p>Rainbow Helps at Home</p> <p>Orange Feels Worried</p> <p>Purple Watches the News</p> <p>Pink Misses Mummy</p> <p>Pink Has a New Brother</p>	<p>Managing Anger</p> <p>Managing Worry</p> <p>Being Kind</p> <p>Getting to Know Your Body</p> <p>Magic Cloud</p> <p>Flower Breath</p> <p>Enchanted Forest</p> <p>Butterfly Meadow</p> <p>Meadow Journey</p> <p>Ocean Journey</p> <p>Forest Journey</p> <p>Cloud Journey</p>	<p>Blue Feels Jealous</p> <p>Blue Feels Sad</p> <p>Blue Has Forgotten Her Lunch</p> <p>Blue's Sleepover</p> <p>Green's Brother's Game</p> <p>Green's Daddy</p> <p>Green's Dance Class</p> <p>Green's Glasses</p> <p>Green's PE Kit</p> <p>Pink and Pocket Money</p> <p>Pink Feels Worried</p> <p>Pink's Computer Game</p> <p>Pink's Pet Fish</p> <p>Pink's Travel Sickness</p> <p>Purple Feels Poorly</p> <p>Purple's Best Friend</p> <p>Purple Feels Left Out</p> <p>Purple Is Upset</p> <p>Purple's Picture</p> <p>Purple's School Book</p>	<p>Pink Misses Mummy Talking Cards</p>	<p>How Do You Feel Today?</p>

## Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
Develop strategies for managing feelings (continued)			Purple's Sports Day Red is Upset Red's Hurt His Ankle Red Has a Wobbly Tooth Red's Spelling Test Red's Playtime Yellow Wants to Help Green Yellow Returns to School It Is Yellow's Birthday Yellow's New Sister Yellow Gets Cross Yellow's Dad Has a New Girlfriend Rainbow Is Moving House Rainbow Is Going to the Zoo		

## Feelings and Emotions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Understand that it is OK to ask for help</b>	<p>Red Needs the Toilet</p> <p>Pink is Feeling Sad</p> <p>Orange Feels Worried</p> <p>Blue Gets Lost</p>	N/A	<p>Pink Gets Changed</p> <p>Pink's Pet Fish</p> <p>Pink's Travel Sickness</p> <p>Purple Feels Poorly</p> <p>Purple's Hand Wash</p> <p>Purple's Picture</p> <p>Red Is Upset</p> <p>Red Plays Ball</p> <p>Red Has a Wobbly Tooth</p> <p>Red's Spelling Test</p> <p>Red's Playtime</p> <p>Yellow Wants to Help Green</p> <p>Yellow Returns to School</p>	N/A	N/A

## Computer and Online Safety

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Understand the risks and how to stay safe when using technology</b>	Pink's Screen Time	N/A	Pinks' Computer Game	Pink's Screen Time Talking Cards	N/A

## Our World

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Understand similarities and differences</b>	<p>Green Gets Glasses</p> <p>Rainbow's Food Journey</p> <p>Red's Hearing Aid</p> <p>Why Does Purple Play Differently?</p> <p>Yellow Wants to Play With Orange</p>	N/A	<p>Green's Understanding</p> <p>Pink and Pocket Money</p>	<p>Rainbow's Food Journey Sorting Cards</p> <p>Red's Hearing Aid Sorting Cards</p> <p>Why Does Purple Play Differently? Talking Cards</p>	My Family
<b>Identify people who help us in our local community</b>	<p>Green Stays in Hospital</p> <p>Green Gets Glasses</p> <p>Purple is Poorly</p> <p>Red Visits the Dentist</p> <p>Pink is Feeling Sad</p> <p>Red Needs the Toilet</p>	N/A	N/A	<p>Green Gets Glasses Sorting Card</p> <p>Purple is Poorly Talking Cards</p>	My Family
<b>Respecting the local environment</b>	<p>Rainbow's Day Out</p> <p>Blue Explores Road Safety</p>	N/A	N/A	Blue Explores Road Safety Sorting Card	N/A

## Change and Transitions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Managing new experiences</b>	Red Goes Swimming Yellow Goes on Holiday Green Stays in Hospital Green Gets Glasses Pink Goes to School Green is Moving Up a Year Rainbow's Food Journey Rainbow's Day Out Yellow Wants to Play with Orange	Managing Worry Flower Breath	Blue Has Forgotten Her Lunch Blue's Sleepover Green's Dance Class Rainbow Is Moving House	Green Gets Glasses Sorting Cards Pink Goes to School Talking Cards Rainbow's Food Journey	NA
<b>Taking on new challenges</b>	Red Goes Swimming Yellow Wants to Play with Orange	Managing Worry Flower Breath	Green's Dance Class	N/A	Always Try Your Best Poster Have You Made Any Good Decisions Today? Poster



## Change and Transitions

Learning Opportunity/ Intervention	Animations/ Read-to-Me Storybooks	Mindfulness Videos	Dilemma Drops	Talking/ Sorting Cards	Extra Activities/ Posters
<b>Building confidence</b>	<p>Red Goes Swimming</p> <p>Pink Goes to School</p> <p>Yellow Wants to Play With Orange</p>	<p>Managing Worry</p> <p>Flower Breath</p>	<p>Green's Dance Class</p> <p>Pink Gets Changed</p> <p>Yellow Returns to School</p>	<p>Pink Goes to School Talking Cards</p>	<p>Always Try Your Best Poster</p> <p>Have You Made Any Good Decisions Today? Poster</p>
<b>Managing changes at home</b>	<p>Green's Daddy Moves Out</p> <p>Orange Moves House</p> <p>Pink Has a New Brother</p>	<p>Managing Worry</p> <p>Flower Breath</p>	<p>Pink's Pet Fish</p> <p>Yellow's New Sister</p> <p>Yellow's Dad Has a New Girlfriend</p> <p>Rainbow Is Moving House</p>	<p>N/A</p>	<p>N/A</p>



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