

First Aid

TOPICS: First Aid Year 5 (Part 1) and First Aid Year 5 (Part 2) - *Suggested for Year 5*

We have chosen to deliver this topic in year(s):

Year Intent



In Year 5, children further develop their understanding of how to respond in emergency situations by learning a range of first aid skills.

They explore how to carry out a primary survey and recognise when someone may need urgent help.

Pupils learn when to call emergency services and practise techniques such as the recovery position and CPR. They also learn how to support someone with a head injury, seizure or severe bleed until help arrives.

Curriculum Links

Statutory RSHE Links

Basic first aid; Being safe; General wellbeing; Health protection and prevention; Personal safety

Wider PSHE Links

Careers education: aspirations, learning and work

Knowledge & Skills Progression

First Aid Year 5 (Part 1) - Pupils should...

- complete a primary survey for first aid
- demonstrate the recovery position for an unresponsive breathing casualty
- know when to deliver CPR
- demonstrate how to do CPR
- understand when to call for emergency help

First Aid Year 5 (Part 2) - Pupils can...

- identify a range of situations that may require first aid
- explain how to support someone with a minor or serious head injury
- recognise how to support someone who is having a seizure
- understand how to support someone with a severe bleed
- know when to call for medical help

I will learn the following new words/phrases:

I now know...

Unresponsive	Not reacting or responding to communication.
Underlying	Significant as a cause or basis of something but not necessarily obvious.
Casualty	A person badly affected by an event or situation.
Compressions	To press or squeeze (something).
Unconscious	Not awake and aware of and responding to one's environment.
Seizure	A sudden, uncontrolled electrical disturbance in the brain.

Ask me a question!

What does DRs ABC stand for?

Can you explain the different steps of the recovery position?

What is CPR?

What could you do if someone was bleeding severely?

If somebody is having a seizure, when should you call 999?

How could you spot a head injury?

