

# Keeping/Staying Safe

TOPICS: Peer Pressure and Adults' & Children's Views - *Suggested for Year 5*

We have chosen to deliver this topic in year(s):

## Year Intent



In Year 5, children further develop their understanding of how to keep themselves and others safe by exploring how choices, influences and peer pressure can affect decision making. They identify strategies that support safe behaviour and consider how to respond confidently when they feel pressured by others.

Pupils explore the possible consequences of risky actions. Through discussion and activities, they reflect on the views of adults and children beyond the school setting to deepen their understanding.

## Curriculum Links

### Statutory RSHE Links

Families and people who care for me; Being safe; Personal safety; Caring friendships

## Ask me a question!

**How could you help someone who is feeling pressured to do something?**

**Who could you talk to if you felt pressured to do something?**

**What is peer pressure?**

## Knowledge & Skills Progression

### Peer Pressure - *Pupils should...*

- identify strategies we can use to keep ourselves and others safe
- understand ways to manage peer pressure
- explain the potential outcomes that may happen when we take risks
- recognise the impact and possible consequences of an accident or incident

### Adults' & Children's Views - *Pupils can...*

- listen to and observe a range of views from adults and children about how to stay safe and ask for help
- identify key ideas and strategies shared by others that help people manage risks and stay safe
- reflect on and build their own understanding of safety using information gathered from discussions and observations
- share their ideas and learning with peers, contributing thoughtfully to discussions about staying safe

## I will learn the following new words/phrases:

**I now know...**

<b>Peer Pressure</b>	When a friend or someone you know influences you to do something you do not feel comfortable with.
<b>Encourage</b>	To give hope, confidence, or support to someone.
<b>Risk</b>	The possibility that something unpleasant or dangerous will happen.
<b>Risk assessment</b>	A systematic process of evaluating the potential risks that may be involved in a projected activity or undertaking.
<b>Support network</b>	The people in your life that help you achieve your personal and professional goals.

