

Relationships

TOPICS: Touch and What I've Learnt - *Suggested for Year 3*

We have chosen to deliver this topic in year(s):

Year Intent



In Year 3, children broaden their understanding of positive relationships by exploring respect, personal boundaries and how their actions affect others. They learn the importance of caring about other people's feelings and how empathy supports healthy relationships.

Pupils develop their understanding of appropriate and inappropriate touch, personal boundaries and body autonomy. They also learn the correct names for body parts and understand who they can ask for help if they feel worried or uncomfortable.

Curriculum Links

Statutory RSHE Links

Developing bodies; Caring Friendships; Being safe; Respectful, kind relationships; Families and people who care for me; General wellbeing

Knowledge & Skills Progression

Touch - Pupils should...

- recognise the difference between appropriate and inappropriate touch
- know why it is important to care about other people's feelings
- understand personal boundaries
- know who and how to ask for help
- name human body parts

What I've Learnt - Pupils can...

- confidently demonstrate behaviours that help build positive and respectful relationships with others
- recognise and respond appropriately to behaviours that may hurt or upset others
- apply strategies to maintain positive relationships at home, at school and in the wider community
- clearly explain the difference between kind, respectful and unkind behaviours

I will learn the following new words/phrases:



Communicate	To exchange or share information or ideas.
Situation	What is happening now.
Penis	The part of a male's body that is used for urinating.
Testicles	Two round male organs that produce sperm.
Vagina	The part of a woman's body that connects her outer organs to her uterus.
Vulva	External female genitalia that surround the opening to the vagina.
Anus	The external opening of the canal through which excrement leaves the body.
Private parts	A person's genitals.
Appropriate	Suitable or acceptable for a particular situation.
Nipples	The dark parts of the skin which stick out from the breast

Ask me a question!

Can you name the different human body parts?

If you feel uncomfortable in a relationship, who could you talk to?

If you know of somebody who is upset about the way someone treats them, what could you do?

