

Relationships

TOPICS: What I Know Now and Appropriate Touch (Relationships) - *Suggested for Year 4*

We have chosen to deliver this topic in year(s):

Year Intent



In Year 4, children re-establish what they already know about positive relationships before building on this through more complex learning. They revisit behaviours that support healthy relationships and begin to understand how relationships can change as people grow.

Pupils explore different types of relationships, including families, and consider how people support one another. They also develop their understanding of healthy and unhealthy relationships and learn how to ask for help from trusted people.

Curriculum Links

Statutory RSHE Links

Developing bodies; Respectful, kind relationships; Being safe; Families and people who care for me; Caring friendships;

Ask me a question!

What types of relationships are there?

How could you help someone who feels uncomfortable in a relationship?

What is the difference between secrets and surprises?

What can make a relationship healthy or unhealthy?

Knowledge & Skills Progression

What I Know Now - *Pupils can...*

- share and reflect on their understanding of positive relationships as they begin to explore more complex relationship topics
- recognise behaviours and situations that may affect relationships or cause others to feel upset
- identify trusted people and support who can help them manage relationship difficulties or worries
- suggest and explain ways to show respect, kindness and consideration in everyday relationships

Appropriate Touch- *Pupils should...*

- recognise the different types of relationships we can have and describe how these can change as we grow
- explain how our families support us and how we can support our families
- identify how relationships can be healthy or unhealthy
- explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable

I will learn the following new words/phrases:



Nervous	Being fearful, worried, or concerned about someone or an event.
Scared	Feeling fearful or frightened.
Inappropriate	Not right for or suited to the situation or purpose. Not appropriate.
Connection	The act of joining or being joined to something else.
Civil partnership	A civil partnership is a legal relationship which can be registered by two people who aren't related to each other.
Marriage	A formal union and social and legal contract between two

