



Case Study

Stamford Bridge Primary School



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Primary School

From Planning to Impact: In the Life of a PSHE Lead

As PSHE Lead at Stamford Bridge Primary School in Yorkshire, Ailith Greening considers how to make PSHE and RSHE meaningful, inclusive, and easy to deliver across her school. Ailith's role has been strengthened through the support of 1decision, where our ready-to-teach resources help her save time while maintaining consistency and impact. Read on to discover Ailith's journey and experience of being a PSHE lead.

Discovering 1decision

When I first became PSHE Lead in 2021, our school's PSHE provision lacked consistency and cohesion. The content we were teaching was pieced together from various sources, with no clear structure or assurance that it met DfE requirements. As a new subject lead, I felt quite lost with how to bring the subject to life in a meaningful and compliant way.

After some research, I came across 1decision and quickly arranged a meeting with Hayley Sherwood. Hayley was absolutely fantastic - informative, approachable, and incredibly knowledgeable about all things PSHE, statutory guidance, and her team's brilliant scheme. Her professionalism, alongside the clarity and structure of the resources, gave me immediate confidence. This initial communication and engagement were the main reasons we decided to trial the scheme, particularly as we are a school with split classes and needed something flexible yet robust.

From the moment we accessed the 1decision platform, it was clear how well organised and user-friendly it was. This made it easy for me - as both a teacher in my 2nd year of teaching and a new subject lead - to deliver staff training and confidently introduce the scheme to my colleagues. The team took to it straight away, appreciating how clearly it was structured and how engaging the materials were for our pupils.

The Impact in Practice

Since implementing 1decision, our PSHE provision at Stamford Bridge has gone from strength to strength. Feedback from pupils, staff, and parents has been overwhelmingly positive. Most importantly, the children respond brilliantly to the lessons and the approach. They are engaged, reflective, and able to make meaningful links between what they learn and their real-life experiences.

Because of the significant impact the scheme has had in our school, our Trust - The Wonder Trust - made the

decision to roll it out across two other schools. The 1decision team were incredibly accommodating and supportive of this transition, communicating clearly and efficiently throughout. Every interaction I've had with the team - whether with Hayley, Sophie, Tommy or anyone else - has been friendly, professional and efficient. Their commitment to supporting schools truly shines through.

Life as a Confident PSHE Lead

As PSHE Lead, I now feel completely confident in the quality and consistency of our school's provision. Over the past few years, I've seen the scheme grow and improve further, with thoughtful updates and new resources that keep it current and engaging. Pupil voice continues to be incredibly positive - the children love DeeDee and the Darlee and really connect with the video-based scenarios, which help them understand real-life situations they might one day face.

Staff often comment on how easy the scheme is to use - it's flexible, adaptable, and ready to go, saving so much preparation time. The videos are particularly powerful, promoting discussion, empathy and understanding. The topics are well-sequenced, and as a school we have been able to tailor the modules to suit our local context and children's needs. We also make excellent use of the assemblies and the new additions that come each year.

We regularly analyse CPOMS data and use 1decision resources to address emerging needs or incidents within school, ensuring PSHE remains responsive and relevant. The training and update sessions that 1decision provides are invaluable - they keep me informed of national developments and changes without adding to my workload.

Looking Ahead

Most recently, the new PSHE and RSE updates have been fantastic. I was so impressed (and relieved!) that 1decision had already made the necessary changes ahead of the new academic year. The summaries and explanations were clear, practical and supportive - once again saving valuable time while keeping us fully compliant.

I honestly cannot recommend 1decision enough. The scheme has transformed PSHE at our school and given me complete confidence as a subject lead. I'm proud to be part of the 1decision community and truly grateful for the positive impact it continues to have on our pupils, staff and school as a whole.