



## Case Study

### University of Winchester



As schools across the UK seek engaging and relevant approaches to PSHE education, 1decision is supporting not only classroom delivery but also the training of future teachers. A recent collaboration with the University of Winchester highlights how practical, well-structured resources can help bridge the gap between theory and classroom practice for trainee teachers.

The University of Winchester, based in Hampshire, is home to around 8,000 students and 900 staff and is recognised for its transformational approach to education. Its primary and secondary teacher training programmes were rated Outstanding by Ofsted, and the university ranked sixth in the UK for full-time employment and further study in the 2023 HESA Graduate Outcomes Survey.

#### Introducing 1decision into Teacher Training

1decision was introduced to the university after former Senior Lecturer, Matt Prince, discovered the programme while researching PSHE resources. Recognising the value of a comprehensive scheme that included Early Years provision, he shared it with fellow Senior Lecturer, Helen Benson.

Reflecting on this early stage, Helen explains: *“What we both liked about the scheme was the inclusion of Early Years. Often, schemes run from Year 1 to Year 6, leaving Early Years teachers to create their own materials. This was useful as we have a group of Early Years specialists from Year 2, so we were able to tailor sessions specifically to them straight away by using the materials.”*

The university’s Institute of Education, which delivers the Primary Education with QTS programme, was keen to integrate practical PSHE resources into seminars to help students make clearer connections between academic learning and classroom practice. As Helen notes:

*“This has been really important, as students often view the campus-based learning as theory and don’t make the links to what is happening in the classroom. By using 1decision, we have been able to create those links more explicitly. This is the first scheme we have used at the university, and it is proving to be very successful.”*

#### Student Feedback and Impact

The introduction of 1decision has generated consistently positive feedback from trainee teachers, with more than 100 favourable comments collected through termly feedback. Students highlighted the relevance of the content and how carefully the resources were designed for different age groups.

Helen shares: *“Students have mentioned other schemes in seminars, but what they preferred about 1decision was how up to date the content was and its relevance to the children. They could see how children would engage with the materials because the resources were carefully considered for different age groups.”*

This feedback is reflected in student comments, including:

*“Resources for EYFS cover a wide range of topics and could act as a prompt for discussion but are also simple enough for children to explore independently.”*

PGCE Primary Initial Teacher Education 3–7 with QTS student

*“Really well-thought-out resources with lots of content to choose from. I think the interactive videos are a really good feature to keep the children thinking and focused.”*

Year 2 BA (Hons) Primary Education with QTS student

*“A good way to support planning of PSHE with age-appropriate resources including various activities and slideshows. Would definitely use in a school to support PSHE teaching.”*

PGCE Primary Initial Teacher Education 5–11 with QTS student

The impact of using 1decision has extended beyond university sessions. In one instance, a trainee teacher used the resources to deliver a PSHE lesson during a job interview. Reflecting on the outcome, Helen recalls:

*“He was offered the job, which was a fantastic endorsement of 1decision’s approach.”*

### **A Complete and Adaptable Solution**

When reflecting on the overall value of 1decision, Helen highlights the flexibility and relevance of the programme:

*“It is a complete package of resources that can be used and adapted where necessary. The materials are kept up to date, which is so important today as we need to engage children in their learning. If they do not see the relevance, they will become disengaged.”*

She also emphasises the importance of ongoing development:

*“1decision is constantly updating the website and adding new features, making it easy for us to show students and teachers in schools.”*

### **Looking Ahead**

The University of Winchester continues to play a key role in preparing future teachers, and this collaboration has supported trainees in developing the confidence and practical understanding needed to deliver effective PSHE education.

Sophie Hearn, Education and Partnerships Adviser at 1decision, shares: *“The shared values between the university and 1decision, along with ongoing feedback, are helping to shape future resource development.*

*It is encouraging to consider the long-term impact these trainee teachers will have as they move into schools equipped with high-quality, relevant PSHE resources.”*

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